



Speech Language Pathology
203 E Putnam Ave, Suite 10
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Blooming Lotus Yoga Play Groups

KLC is offering Kids Yoga Classes for preschool and elementary aged children!!

Combining social language and play skills with yoga will provide students with empowering tools that can be used to face the challenges of restlessness, lack of attention, anxiety, social interactions and peer conflicts.

Blooming Lotus Yoga will be taught by:

Katie L. Curra, M.S., CCC-SLP, Speech Language Pathologist/Owner Kids' Language Center and enthusiastic Yogi!

Katie is certified by the Yoga Teachers Training Institute (YTTI), which is in full compliance with accreditation standards developed by the Yoga Alliance for the National Teachers Registry in Children's Yoga Teacher Training. Katie is personally devoted to the practice of yoga and is excited to share the benefits of yoga with young children.

Our yoga class will target the following skills:

- Strength
- Flexibility
- Breath support
- Confidence
- Self-esteem
- Concentration
- Attention
- Listening
- A sense of inner calm

Yoga will take place at:

Kids' Language Center
Specific scheduling to be announced

For more information:

Please call Katie at: (203) 433-8050
Or email us at: info@kidslanguagecenter.com